St. Helens Shadow Hygiene Study Club

2015 – 2106 Academic Curriculum

Approved PACE Program Provider
FAGD / MAGD Credit
Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.
9/1/2010 to 8/31/2014
Provider ID: 215131
Dear Friends and Colleagues,

Welcome back to the 6th year of our St. Helens Shadow Hygiene Study Club! My, how time flies… My youngest son was only 18 months old when this club first started. He will be entering the 2nd grade this fall. While we have learned so much together already, I feel there is so much more for us to explore and share. This year, we will build upon the success of last year and improve with the feedback you have provided.

My professor once told me that 50% of what we learned in school becomes obsolete in less than 5 years. As we are entering the 6th year of our study club, I believe it is time we re-evaluate various fundamental topics in dentistry. Many professional outside speakers will be included in this year’s lineup, including Catrice Opichka, Ken Futch and Karen Baker. These speakers come highly recommended and I can’t wait to hear what they have to say!

The only reason the St. Helens Shadow Hygiene Study Club is a success is because of you! Your dedication to continuing education and your support of your fellow colleagues is what makes our club so special. I would like to take this opportunity to thank you for being a member of this special group. As always, I am just a steward of our club, and as your steward, I am always looking for feedback.

Sincerely,

Edwin Leung
Seattle Study Club
Is
“A University Without Walls”

“One way to keep momentum going is to constantly have greater goals.”
~Michael Korda

“The difference between ordinary and extraordinary is that little extra.”
~Unknown
Our 2015 – 2016 Road Map

• Thursday, September 24th, 2015. 6-9pm at the Heathman Lodge, Vancouver, WA. Our Annual Kick-Off Meeting. Keynote Lecture: “Sex, Drugs and Alcohol – The 21st Century Dental Hygiene Therapist.” Presented by Catrice Opichka, RDH.

• Thursday, November 12th, 2015. 6-9pm at the Heathman Lodge, Vancouver, WA. “Take Your Best Shot.” Presented by Ken Futch.

• Thursday, January 21st, 2016. 6-9pm at the Heathman Lodge, Vancouver, WA. “Periodontal Therapy and The Non-Compliant Patient: Managing The Complex Case.” Presented by Munib Derhalli, DMD, MS, MBA.

• Friday, March 25th, 2016. 7:30am – 2:30pm at the Heathman Lodge, Vancouver, WA. “Drugs and Dentistry: New Issues and Newer Solutions!” Presented by Karen Baker, B.S., M.S.

• Friday, May 13th, 2016. 7:30am – 2:00pm at the Heathman Lodge. “Love 'Em or Lose 'Em: How to Find, Keep and Stop Losing Patients.” Presented by Joy Millis, CSP.
Program Description
The role of the dental hygienist has changed significantly in the last 100 years. From dental technician to dental therapist, the face of our daily interactions with patients has taken on new challenges and created new responsibilities. Every day we are faced with difficult conversations that go far beyond the dental health of our patients. We have always faced the challenges of discussing issues like smoking and chewing tobacco with our patients. However, these are no longer the only addictions we need to be prepared to deal with in our practice. We need to be ready to address the effects of alcohol and drug abuse as well. The increase in oral cancer related to the human papillomavirus (HPV) has forced us to look at the way we address oral sex as one of the new risk factors of oral cancer. We also fight the impact of today’s society in the increased incidence of bulimia, which was traditionally prevalent in women but is now also occurring more frequently in our male patients. To add to these complex conversations—these challenges are being seen in our teen and young adult patients as well as adults. This course takes an interactive approach to dealing with these complex conversations. We will uncover relevant statistics and valuable information to use as a foundation to bring into the workshop. Participants will then work together to discuss the best ways to start a dialogue with our patients on these challenging topics. CE Credit: 2.5 hours.
Take Your Best Shot – Reenergizing Your Practice

• Date: Thursday, November 12th, 2015.
• Time: 6:00 pm to 9:00 pm.
• Location: Heathman Lodge, Vancouver, WA. Joint meeting with SSC Doctors.
• Featured Speaker: Mr. Ken Futch.

A moment can change a life. A perspective can change a practice. Ken shares his astonishing true story of how he accidentally shot himself in the head—and how it opened his mind! Many dental practices shoot themselves in the foot, not the head, by failing to monitor their “thermometer of office energy.” An energetic staff attracts new patients and keeps long-term patients. When your team is working together with positive energy, work satisfaction increases and turnover decreases. This hilarious and inspiring message will introduce attendees to the many opportunities that directly impact the bottom line. CE credit: 2.5 hours.
Periodontal Therapy and The Non-Compliant Patient: Managing The Complex Case

- Date: Thursday, January 21st, 2016.
- Time: 6:00 pm to 9:00 pm.
- Location: Heathman Lodge, Vancouver, WA.
- Featured Speaker: Munib Derhalli, DMD, MS, MBA.

Dr. Derhalli has been in private practice since 1989. He graduated from Oregon State University in 1985 and received his Doctorate from Oregon Health Sciences University School of Dentistry in 1989. While serving as a General Dentist in the military, he completed a Masters in Business Administration and then a three-year Masters of Science residency in Periodontology at the University of Oklahoma Health Sciences Center. Dr. Derhalli is a Diplomate of the American Board of Periodontology and is a member of the American Academy of Periodontology, Academy of Osseointegration, American Dental Association, Washington State Dental Association, Clark County Dental Association and the Seattle Study Club. CE Credit: 2.5 hours.
Drugs and Dentistry: New Issues and Newer Solutions

- Date: Friday, March 25th, 2016.
- Time: 7:30 am to 2:30 pm.
- Location: Heathman Lodge, Vancouver, WA. Joint meeting with SSC Doctors.
- Featured Speaker: Karen Baker, B.Sc.(Pharmacy), M.S.(Pharmacy).

Increasing numbers of dental patients are uncontrolled hypertensives or diabetics with complex oral health problems. Many new cardiovascular, central nervous system, and endocrine drugs can interact with dental drugs or affect bleeding or wound healing. Patient self-medication with supplements and over-the-counter drugs has recently been recognized as potentially risky in dentistry. Consequently, more and more patients report chemical and drug allergies and intolerances. Dental professionals are frequently faced with medically complex and chemically challenged patients and need practical strategies for providing safe and appropriate care. The purpose of this course is to identify new drug-related problems encountered in dental practice and to outline practical management solutions. CE credit: 5 hours.
Love ‘Em or Lose ‘Em: How to Find, Keep and Stop Losing Patients

• Date: Friday, May 13th, 2016.
• Time: 7:30 am to 1:00 pm.
• Location: Heathman Lodge, Vancouver, WA. Joint meeting with SSC doctors and staff.
• Featured Speaker: Joy Millis, CSP. Charlotte, North Carolina.

Dentists lose patients and money every day! In this important program, Joy will show you how to stop the loss! While some dental professionals struggle to get new patients, Joy inspires and equips you to maximize your effectiveness with the patients you have. Dr. Lauralee Nygaard (SSC Director) said, “Joy brings real solutions to the table. Implementing Joy’s Lost Patient System has produced significant results for recession-proofing my practice!” CE Credit: 5.0 hours.
We’re Here to Help!

Vancouver Oral Surgery Group

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AGD PACE-Approved Status

The Academy of General Dentistry (AGD) conducts an agency-approved process to qualify continuing education (CE) providers to receive Program Approval for Continuing Education (PACE). The process requires providers to be knowledgeable about current best practices that are employed by educational organizations throughout the world.

We display the PACE-approved logo because we are proud to offer you world-class training. Like the AGD, we believe that quality education leads to success in dentistry. We are committed to staying abreast of advances in diagnosis and treatment, as well as helping you to ensure that quality care is available to all patients. That’s why we chose to be AGD PACE-approved.

Our approved status ensures that the hours you gain from our CE will be accepted for recertification credit by most licensing boards throughout North America.

The AGD is the second-largest dental association in the United States. It was founded more than 50 years ago by a small group of dentists who wanted to hold the profession accountable to a high level of quality care and agree that dentists should be tested in continuing education. Today, the organization has grown to include more than 28,000 members. It remains rooted in quality education. For more information about the AGD, visit www.agd.org.